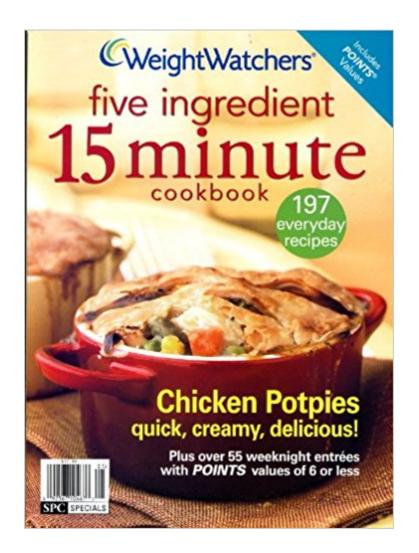


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# Weight Watchers Five Ingredient 15 Minute Cookbook- 197 Everyday Recipes





# Synopsis

Weight Watchers Five Ingredient 15 Minute Cookbook- 197 Everyday Recipes. Chicken Potpies 55 Entrees with POINTS value of 6 or LESS! Dark Chocolate Cookies Chocolate-Raspberry Charlottes Banana Pudding Frozen Peanut Butter Pie Pumpkin Mousse Parfaits Winter Ambrosia Roman Egg Drop Soup Smoked Turkey-Cheese Pressed Sandwich Shrimp Rolls Bleu Cheese Buttermilk Dressing Gingered Chicken Salad Apple Salad with Gorgonzola Pretzel-Coated Chicken Tenders Sesame Chicken Chicken Alfredo Pizza Scallops and Pan-Roasted Tomatoes Citrus-Fennel Snapper Bake And many more!

### **Book Information**

Paperback Publisher: Oxmoor House (2007) ISBN-10: 0848732073 ISBN-13: 978-0848732073 Package Dimensions: 8.4 x 5.8 x 0.7 inches Shipping Weight: 12.6 ounces Average Customer Review: Be the first to review this item Best Sellers Rank: #578,646 in Books (See Top 100 in Books) #86 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers

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